Hugo Felgueiras Mendonça

RN, MSc · Nurse case manager · Litoral Alentejano Local Health Unit, Portugal hugofmendonca.com

Short biographical note

Hugo Mendonça has been a nurse since 2000 and holds a master's degree and specialist title in Medical-Surgical Nursing for people with chronic conditions. In 2017 he joined the team that designed the Case Management Programme for People with Complex Chronic Disease at the Litoral Alentejano Local Health Unit (Portugal), which received the IMPULSO Award 2026 and the Top Health Awards 2024. He is a member of the National Council of Nurses of the Portuguese Order of Nurses and co-editor of the book and chapter author of the *Handbook de Gestão de Caso* (Almedina, 2026).

Biographical note

Hugo Mendonça has been a nurse since 2000 and is a nurse case manager at the Litoral Alentejano Local Health Unit (ULSLA), Portugal, where in 2017 he joined the team that designed the Case Management Programme for People with Complex Chronic Disease. He started in cardiology at Santa Cruz Hospital and worked at Curry Cabral Hospital, the Instituto do Coração and in home care in Almada. In Odemira he led the Integrated Continuing Care Team. He holds a master's degree and specialist title in Medical-Surgical Nursing for people with chronic conditions from the Lisbon School of Nursing, with a study on symptom self-management in 527 people with multimorbidity.

He sits on the National Council of Nurses and the National Technical-Scientific Advisory Committee of the Portuguese Order of Nurses, represents the Order in the Directorate-General of Health working group on chronic disease, and is a board member of the Portuguese Association for Integrated Care (PAFIC). He is co-editor of the book and chapter author of the *Handbook de Gestão de Caso* (Almedina, 2026) and co-author of chapters in the *Handbook of Integrated Care* (Springer, 2025) and *Enfermagem Avançada* (Lidel, 2024). He is a guest lecturer on the Postgraduate Course in Case Management at the NOVA National School of Public Health. The programme has received, among others, the IMPULSO Award 2026 (ACSS and WHO/Europe) and the Top Health Awards 2024 in the Integrated Care category.

Short CV

EDUCATION

- **2026** Master's in Medical-Surgical Nursing, People with Chronic Conditions (ESEL): 19/20, Excellent; placement report 20/20
- **2026** GLOS – Management and Leadership in Health Organisations, AESE Business School (60 h)
- **2026** Leading and Energizing Teams for Performance (TEAMS 15), Católica-Lisbon (58 h)
- **2005** Postgraduate diploma in Health Management, Universidade Moderna de Lisboa
- **2001** Bachelor's degree in Nursing, Escola Superior de Enfermagem Artur Ravara

CAREER

- **2026–** Coordinating nurse, management board of the High Performance Centre for Complex Chronic Disease (CED DCC) pilot project, ULSLA
- **2017–** Nurse case manager, ULSLA; member of the team that designed the Case Management Programme
- **2011–2018** Head of the Odemira Integrated Continuing Care Team
- **2004–2011** Curry Cabral Hospital and Instituto do Coração
- **2003** Home care, Almada Health Centre
- **2000–2004** Cardiology, Santa Cruz Hospital

ROLES

- National Council of Nurses and National Technical-Scientific Advisory Committee, Portuguese Order of Nurses (2024–2027)
- Representative of the Order in the Directorate-General of Health working group on chronic disease
- Board member, PAFIC (since 2024)
- Coordinating nurse on the management board of the High Performance Centre for Complex Chronic Disease (CED DCC) pilot project (since November 2026) and internal telehealth champion, ULSLA; formerly, Integrated Care Unit

SELECTED AWARDS

- **2026** IMPULSO Award, ACSS and WHO/Europe
- **2024** Top Health Awards, Integrated Care category
- **2024** Best oral presentation, 4th National Integrated Care Meeting
- **2024** Public Service Medal, Municipality of Odemira
- **2018** Good Practice in Health Award, 1st prize, APDH
- **2018** Sustainable Health Award, Sanofi and Jornal de Negócios

SELECTED PUBLICATIONS

- Belo, A., Henriques, H. R., Mendonça, H., Seringa, J., & Santos, M. (eds.) (2026). *Handbook de Gestão de Caso*. Almedina.
- Belo, A., Seringa, J., Mendonça, H., et al. (2025). Developing Integrated Care in Portugal Through Local Health Units. In *Handbook of Integrated Care* (3rd ed.). Springer. doi:10.1007/978-3-031-25376-8_60-1
- Mendonça, H., Santos, M., Gomes, V., et al. (2024). Gestão de Caso: Um Modelo para a Prestação de Cuidados. In *Enfermagem Avançada* (pp. 257–263). Lidel.
- Taveira, I., Belo, A., ..., Mendonça, H., et al. (2019). Case Management: The Beginning of a New Era in a Peripheral Portuguese Hospital. *Professional Case Management*, 24(4), 222–225.
- Abstracts in the *International Journal of Integrated Care* (2019, 2022, 2025, 2026)

TEACHING

- Guest lecturer, Postgraduate Course in Case Management, NOVA National School of Public Health with ESEUL (2027)
- Course unit lead, Postgraduate Course in Tissue Viability and Wounds, Red Cross School of Nursing
- Trainer, Nurse Case Manager micro-credential, ESEL and PAFIC

62 talks at congresses and meetings between 2018 and 2026. Full list at hugofmendonca.com.